

## Demonstrations/Workshops – Friday 15th

### Main Exhibition Area

Time	Subject	Speaker	Organisation
10.30	Dance the Memories – Dance Workshop	Anthea McWilliams	
12.00	Crochet Workshop	Lesley Scott	The Wickerman Shop
1pm	Cooking Demonstration	Stephen Jeffers	Forestsides Cookery School
1.30pm	Knitting Workshop	Anthea McWilliams	
2pm	Cooking Demonstration	Ian Hunter	Belfast Cookery School